

COVID – 19 UPDATE

Message 8 | February 25, 2021

**Nice work! Well done! Keep it up!**

The low case count numbers in Grey and Bruce counties are the result of everyone working together to stop the spread of COVID-19.

The habits we've been practising these past months are still the key to staying well.

Tools in the COVID-19 toolbox to protect yourself and others:

- **Watch your distance**, stay at least 2 metres (6 feet) apart from other people.
- **Wash your hands** throughout the day. Use soap and water or use hand sanitizer. Avoid touching your face with unwashed hands.
- **Wear a mask** that covers your nose and mouth when you're around other people. It protects both of you.
- **Monitor your health** and watch for symptoms.
- **Download the COVID Alert app**. COVID Alert is Canada's free COVID-19 exposure notification app. It can alert you to possible exposures before you have symptoms.
- **Get the COVID-19 vaccine** when it's available  
[publichealthgreybruce.on.ca/COVID-19/Vaccines](https://publichealthgreybruce.on.ca/COVID-19/Vaccines)

**Useful Links:**

**#InThisTogetherHanover**

[hanover.ca](https://hanover.ca)

[publichealthgreybruce.on.ca](https://publichealthgreybruce.on.ca)