

COVID-19 UPDATE

Message 19 | May 14, 2020

Victoria Day – Happy Birthday Queen Victoria!

Premier Ford says, “It’s not the party weekend it’s been in the past. There will be plenty of long weekends to come. Health and safety trumps everything.”

Victoria Day is a holiday observed across Canada normally celebrated with outdoor events and activities like camping and firework displays. Not this year!

This year will be different because of COVID-19. Let’s make it one for the history books with virtual and personal celebrations. One day we are going to look back and say remember the 2020 May long weekend when we

Remember when your mother was always reminding you to wash your hands. Mothers do know best! Wash your hands, stay home except for essentials, practise physical distancing, and continue to wash your hands. Thanks mom!

Wondering about COVID -19 words

COVID-19 The ‘CO’ stands for corona, ‘VI’ stands for virus and ‘D’ for disease. The ‘19’ is short for 2019, when the disease first appeared.

Community Transmission refers to how a disease is spread. In the case of COVID-19, it means that an infected person has not come into known contact with anyone who is infected and that the source of infection is unknown. Grey-Bruce has community transmission.

Epidemic is used when the number of infections rises above what is normally expected in a certain population or region.

Pandemic relates to the geographic spread of a disease. The World Health Organization (WHO) designated COVID-19 as a pandemic on March 11, citing the spread of the new virus to several countries.

Flattening the curve refers to a graph that illustrates the spread of a disease and the ability of health systems to cope. If a large number of people become infected and require medical care, it can overwhelm the overall health-care system. This can result in shortages of protective equipment, hospital beds, or even doctors and nurses.

PPE This is short for personal protective equipment. For health-care workers on the front line it includes isolation gowns, foot covers, eye gear, face masks, and gloves.

Social distancing versus physical distancing The terms are interchangeable, and according to top health experts, distancing means keeping at least two metres away from others.

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