

AGE-FRIENDLY ADVISORY COMMITTEE MINUTES

Date & Time: Monday March 20, 2023 | 10:00 am

Location: Council Chambers | 341- 10th Street or via Zoom | Webinar ID: 832 1502 2627

MEMBERS PRESENT Pamela Matheson | Pat Butler | Harold Fleet | Loretta Dunn |
Becky Hillyer | Norma Graham | Bailey Ressler

OTHERS PRESENT Lyndsay Regier | Laura Christen | Brandon Dobson

1. DISCLOSURE OF PECUNIARY INTEREST – Nil.

2. ADOPTION OF FEBRUARY 13, 2023 MINUTES

Moved by L. Dunn | Seconded by B. Hillyer

THAT the minutes of February 13, 2023 meeting be approved as printed and circulated.

3. DELEGATION – Nil.

4. INTRODUCTION

4.1. Two new committee members – Introduction of Bailey Ressler and Sandra Hong to the committee.

5. ITEMS FOR INFORMATION

5.1.1. CENTRAL ONTARIO AGE-FRIENDLY NETWORK Update – L. Dunn shared information from the recent Central Ontario Age Friendly Network meeting. **ACTION:** Add to future agenda items long and short-term goals that committee members would like to accomplish.

5.1.2. Letter from D. Bradley scribed for distribution to federal, provincial and county government levels.

5.1.3. Richmond Hill Activity Kits – Hanover Library offers games and puzzles for adults/seniors. Books are also available to assist those with cognitive disabilities. Open to suggestions for other items to offer at the library to adult/seniors. Alzheimer’s Society provides services to all of Grey Bruce and they have activity kits for individuals.

5.1.4. Home Care Ontario | Home care spending call to action

5.1.5. Raising Elder Voices Youtube channel

6. ACTIVE AGING EXPO | DISCUSSION

6.1. Seniors Expo | March 28, 2023

- 6.1.1. Speakers – An update on speakers and the chair yoga presentations were provided to committee members.
- 6.1.2. Tradeshow participants | Confirmed and Emailed – List of participants provided in meeting package. In the process of confirming location of booths. Will be providing a map of booths at the Active Aging Expo.
- 6.1.3. Transportation Update | Saugeen Mobility – Will be providing free pickup and drop off for Hanover residents for the Active Aging Expo.
- 6.1.4. Food update | Ani B – Food will be arriving 12:30pm. Once the speakers are completed the food will be offered to attendees.
- 6.1.5. Advertising Update | Advertising on the radio, newspaper, social media, posters and the Senior Star for the Active Aging Expo.
- 6.1.6. Door Prizes | Looking for more door prizes and gift bag swag. Committee members to reach out to organizations and businesses.
- 6.1.7. Committee Sign up confirmation – Some Council members will be available to assist. P. Butler, P. Matheson, H. Fleet and S. Sakal to run registration table.
- 6.1.8. Request for Therapy Dogs attendance – Committee members consensus that therapy dogs will be allowed at the Active Aging Expo.

7. OTHER BUSINESS

- 7.1. Walk for Alzheimer's is May 27 and is scheduled at multiple locations. If you are interested in participating you can go to the Alzheimer Society website to register.
- 7.2. Coffee with... is coming back. The first Coffee with is Police Chief Knoll on May 4th in the Saugeen Room.

8. NEXT MEETING – Monday April 17 @ 10:00am

9. ADJOURNMENT

Moved by L. Dunn

THAT the meeting be adjourned at 11:30am.