

#### AGE-FRIENDLY ADVISORY COMMITTEE MINUTES

Tuesday, May 17, 2022 | 2:00 pm Hybrid Meeting - In person and virtual

MEMBERS PRESENT	Loretta Dunn   Norma Graham   Ed King   Becky Hillyer   Sandra Hong   Michelle Scime-Summers
OTHERS PRESENT	Laura Christen   Lyndsay Regier
REGRETS	Warren Dickert

- 1. DISCLOSURE OF PECUNIARY INTEREST Nil.
- ADOPTION OF March 15, 2022 MEETING MINUTES. Moved by L. Dunn | Seconded by E. King THAT the minutes of March 15, 2022 meeting be approved as printed and circulated. CARRIED.
- 3. DELEGATION | Greg Dow Executive Director, Bruce Grey Mentorship Shared information regarding Bruce Grey Mentorship, how people can assist and volunteer their time.

#### 4. GENERAL COMMITTEE

- 4.1. New member introduction/welcomes Welcomed new committee members Becky Hillyer, Sandra Hong and Michelle Scime-Summers.
- 4.2. Chairperson nomination L. Christen opened nominations for chairperson.

Moved by B. Hillyer | Seconded by N. Graham THAT Loretta Dunn be nominated by chairperson. CARRIED.

 Membership recruitment – Committee members discussed recruitment to attract individuals.

#### 5. ITEMS FOR INFORMATION

Included in the Age Friendly package emailed on May 15, 2022 and copies were available to committee members.

- 5.1. Building Dementia Friendly Communities e-modules course S. Hong provided an overview of the e-modules available. To register and to create a login go to https://www.alzeducate.ca/login/dfc/
- 5.2. Research Study Opportunity | OMG: Testing Online Meaning Centred Groups among Ontario Retirement Home Residents

## 6. ITEMS FOR DIRECTION | DISCUSSION

- 6.1. Ontario 55+ Games update Registration for District 27 55+ Games is available. Deadline for registration is Wednesday, May 18.
- 6.2. Grant updates | Ontario Investing in Inclusive and Accessible Communities Grant & Ontario Seniors Community Grant – Grant approval not confirmed to date. If approved, L. Christen will provide update to committee members.
- 6.3. Business Friendly Initiative
  - 6.3.1. Guide revisions Committee members provided further revisions to guide. **ACTION**: L. Christen to send out revised guide to committee members before next meeting.

# 7. OTHER BUSINESS

- 7.1. Library is implementing their summer reading challenge. Information can be found on the Hanover Library website or pickup the list at the Library.
- 7.2. 'Coffee with...' sessions have resumed and plan to continue in the fall.
- 7.3. Walk for Alzheimer's will be on May 28 in Owen Sound and Saugeen Shores. To register for the walk go to <u>https://alzheimer.ca/greybruce/en/take-action/fundraise-participate/ig-wealth-management-walk-alzheimers</u>
- 7.4. Alzheimer's Society is having a 'Learn from your living room Cons and Scams' with guest speaker Constable Kevin Martin. To register go to <u>https://bit.ly/3ulUrA0</u> or call 519.376.7230.
- 7.5. Alzheimer's Society Bruce Grey has monthly learning sessions. Visit <u>https://alzheimer.ca/greybruce/en</u> for more information.
- 7.6. Council on Aging wants to make seniors aware of the election and what questions they should be asking their representatives.
- 8. NEXT MEETING Tuesday, June 21, 2022 | 2:00 pm

## 9. ADJOURNMENT

## Moved by E. King

THAT the meeting adjourned at 4:00pm.