

AGE-FRIENDLY ADVISORY COMMITTEE MINUTES

Tuesday, November 16, 2021 | 2:00pm
Virtual Zoom Meeting

MEMBERS PRESENT Warren Dickert | Loretta Dunn | Ed King | Norma Graham | Ron Zavitz

OTHERS PRESENT Laura Christen | Lyndsay Regier

REGRETS Anne Marie Shaw | Amber Schieck | Sherri Walden

A. Shaw was unable to attend the meeting. L. Christen facilitated the meeting.

1. DISCLOSURE OF PECUNIARY INTEREST – Nil.

2. ADOPTION OF October 19, 2021 MEETING MINUTES.

Moved by L. Dunn | Seconded by R. Zavitz

THAT the minutes of October 19, 2021 meeting be approved as printed and circulated. **CARRIED.**

3. ITEMS FOR INFORMATION

Included in the Age-Friendly package emailed on November 12, 2021 and copies were available to committee members.

3.1 Check out the profiles of other age-friendly community initiatives in Ontario at:

<https://sagelink.ca/age-friendly-communities-ontario/age-friendly-communities/>

At this site you can review location, size, governance, funding, current activities and more. Many locations have minimal location, but often links to their website are included. **ACTION:** L. Christen to send the website contact Hanover's updated information with the Senior's Directory.

4. ITEMS FOR DIRECTION | DISCUSSION

4.1 Seniors Community Grant | Application - Active Aging and Mental Health Series Committee members discussed and reviewed 2019 event to determine if the 2022 event should be similar or different. Committee's consensus was to plan a hybrid event with the option for in person and virtual. Tentative date for the event is March 24 with a snow day of March 30. Committee members discussed possible guest speakers. **ACTION:** L. Christen to contact Raceway about their space to rent. Will also look into speakers for the event.

4.2 Community Needs Assessment Survey

Committee members discussed incorporating the survey into the Active Aging

event 2022 and offering a draw with a prize should people complete the survey.
ACTION: L. Christen to put together a draft of the survey for the next meeting.

- 4.3 Age Friendly Business Directory
Committee members discussed when distribution should occur and budget.
Committee's consensus was to place the directory on hold until late 2022.

5. OTHER BUSINESS

5.1 Committee member shared a study that is exploring diet, relationship with food and the COVID-19 pandemic. The study is looking for participants with a 60-minute phone interview. If you know anyone email L. Christen or E. King for information.

5.2 Committee member shared Gateway Rural Health website and information about Lonely No More.

6. **NEXT MEETING** – Tuesday December 14, 2021 | 2:00 pm

7. ADJOURNMENT

Moved by N. Graham

THAT the meeting adjourned at 3:34pm.

Committee Chair

Sherri Walden, Director of Parks, Recreation & Culture