

AGE-FRIENDLY ADVISORY COMMITTEE MINUTES

Tuesday, September 20, 2022 | 2:00 pm  
Hybrid Meeting (Zoom & Council Chambers)

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**MEMBERS PRESENT**      Loretta Dunn | Norma Graham | Becky Hillyer | Sandra Hong | Warren Dickert

**OTHERS PRESENT**      Laura Christen | Lyndsay Regier

**REGRETS**                      Michelle Scime-Summers | Brandon Dobson

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**1. DISCLOSURE OF PECUNIARY INTEREST – Nil.**

**2. ADOPTION OF August 23, 2022 MEETING MINUTES.**

**Moved by N. Graham | Seconded by W. Dickert**

THAT the minutes of August 23, 2022 meeting be approved as printed and circulated.  
**CARRIED.**

**3. DELEGATION | Alzheimer’s Society, Sandra Hong**

Presentation on ‘Dementia Friendly Communities’. Shared information about enhancing communication regarding dementia, suggestions on making a dementia friendly home & public areas and what support is offered to members of the community.

**4. ITEMS FOR INFORMATION**

Included in the Age-Friendly package emailed on September 16, 2022 and copies were available to committee members.

4.1. Southgate Seniors Health Fair – **ACTION:** L. Dunn will be attending event for VON and will report back at the next Age Friendly Meeting.

4.2. Music & Mindfulness

4.3. Hamilton Council on Aging | Questions to candidates on issues facing older adults.

4.4. Ontario Age Friendly Communities Network Exchange | Leading & Learning – **ACTION:** L. Dunn to forward newsletter to committee members.

**5. GENERAL COMMITTEE**

5.1. Hanover Senior Resource Guide

5.1.1. Updates – Committee members determined that the majority of the resource guide is still relevant. **ACTION:** L. Dunn volunteered to review guide and provide any minor updates.

5.1.2. Grey Highlands | Request for content – Grey Highlands have reached out and were wondering if we would share our Seniors Resource Guide document. **ACTION:** L. Regier to remove Hanover pictures, 'I Remember' quotes and pages 4-14. Indesign document will be forwarded to contact from Grey Highlands.

## **6. ITEMS FOR DIRECTION | DISCUSSION**

6.1. Grant Update | Defer – No update.

6.2. Future Projects for Age Friendly Committee – The top 3 rankings were:

1. Age Friendly Business Directory – soft launch to select businesses
2. Senior Star | 2 times a year
3. Survey for Seniors to generate map of collected data

6.3. Business Age Friendly Campaign | Partnership opportunity – Committee members discussed possible partnerships with businesses in town.

## **7. OTHER BUSINESS**

7.1. On October 7 at 7:00pm the Hanover library will be hosting author Ted Barris in the Civic Theatre. Tickets available for \$5.00 dollars at the library.

**8. NEXT MEETING –** Tuesday, October 18, 2022 | 2:00 pm

## **9. ADJOURNMENT**

**Moved by N. Graham**

THAT the meeting adjourned at 3:45pm.