

AGE-FRIENDLY ADVISORY COMMITTEE MINUTES **Date & Time:** Monday February 26, 2024 | 10:00 am

Location: Council Chambers and Zoom

MEMBERS PRESENT Harold Fleet | Becky Hillyer | Pamela Matheson | Pat Butler |

Sandra Hong | Kaela Sales

OTHERS PRESENT Brandon Dobson | Lyndsay Regier

REGRETS Loretta Dunn | Laura-Lee Ribey

1. DISCLOSURE OF PECUNIARY INTEREST - Nil.

ADOPTION OF January 15, 2024 MINUTES
Moved by P. Butler | Seconded by B. Hillyer
THAT the minutes of January 15, 2024 meeting be approved as circulated.
CARRIED.

3. **DELEGATION** – Nil.

4. ITEMS FOR INFORMATION

Included in the Age-Friendly package emailed on February 22, 2024 and copies were available to committee members.

- 4.1. Elder Abuse Prevention Ontario Training April 4th via Zoom For committee members information.
- 4.2. Ontario Age-Friendly Communities Outreach Program Webinar How technology can reduce isolation and loneliness among older adults February 29th. For committee members information.
- 4.3. Articles in the Post Next article in the Post will be about the Local Senior Games. Hope to have it in the Post later in March.
- 4.4. Council on Aging Presentation recap Council of Aging was hosted in Hanover. B. Dobson made a presentation regarding Hanover's Age-Friendly committee and the current projects.
- 4.5. Chamber Lunch Presentation recap B. Dobson conducted a presentation at the February 13th luncheon.

5. RESIGNATION

5.1. Bailey Ressler Resignation

MOVED by P. Matheson | Seconded by P. Butler

THAT Age-Friendly Committee members accept Bailey Ressler resignation from the Age-Friendly Committee. **CARRIED**.

6. FLAG RAISING REQUEST - June 2024

6.1. World Elder Abuse Awareness - A request has come forward from Angela Yenssen, Elder Law Lawyer in Owen Sound, asking if Hanover will fly an 'Elder Abuse Awareness' flag in June. Committee members are in favour to support this request. **ACTION**: B. Dobson to send request to CAO and Mayor Paterson.

7. SENIOR STAR NEWSLETTER

7.1. Print & Distribution – Committee members were provided an update on the Senior Star 2024 Newsletter. Plan on having the newsletter to the printer by middle of March and out to Hanover residents by end of March, beginning of April.

8. SENIOR GAMES 2024

- 8.1. Local Hanover Games Local Senior Games will start on April 9th. Planning to have one event per week. Will let committee members know when registration has opened.
- 8.2. District 27 OSGA Games The District Senior Games are provided through the Ontario Senior Games Association. You do not need to compete in the local senior games to qualify for the District games. You do need to compete and win in the District Games to qualify for the Provincial Games.

9. AGE-FRIENDLY BUSINESS RECOGNITION

- 9.1. Business Update Committee members discussed which local businesses they have connected with and provided a package. Committee members discussed other businesses that need to be contacted.
- 9.2. Next Steps Need to followup with these businesses to see if they have any questions or need assistance with the application process.

10. SENIORS COMMUNITY GRANT 2024-2025

10.1. Confirm Expo Plan – Grant due March 28, 2024 – Committee members discussed what type of Expo they want for 2025.

11. OTHER BUSINESS

11.1. Committee member shared the Walk for Alzheimers will be happening again this year at the end of May.

- 11.2. Committee member shared that there are Memory and Aging sessions are being offered in Owen Sound. More information can be found on the Alzheimers Society website.
- 11.3. Committee member shared a conference about building healthy communities. Will send the information to B. Dobson to share with committee members.
- **12. NEXT MEETING Monday March 18, 2024 | 10:00am**

13. ADJOURNMENT

Moved by P. Butler | Seconded by B. Hillyer THAT the meeting be adjourned at 10:56am.