

AGE-FRIENDLY ADVISORY COMMITTEE MINUTES

Date & Time: Monday March 18, 2024 | 10:00 am

Location: Council Chambers and Zoom

MEMBERS PRESENT Harold Fleet | Becky Hillyer | Pamela Matheson | Pat Butler | Kaela Sales | Loretta Dunn | Laura-Lee Ribey

OTHERS PRESENT Brandon Dobson | Lyndsay Regier

REGRETS Sandra Hong

1. DISCLOSURE OF PECUNIARY INTEREST – Nil.

2. ADOPTION OF February 26, 2024 MINUTES

Moved by P. Butler | Seconded by L. Dunn

THAT the minutes of February 26, 2024 meeting be approved as circulated.

CARRIED.

3. DELEGATION – Nil.

4. ITEMS FOR INFORMATION

Included in the Age-Friendly package emailed on March 14, 2024 and copies were available to committee members.

4.1. Calgary's Age-Friendly Communication Guide – Shared with the Committee the guidelines used by Calgary to assist with creating a more user friendly documents for older adults.

4.2. Articles in Post – The article in the Post for March will be about the senior games.

5. SENIOR STAR NEWSLETTER

5.1. Update – The Senior Star newsletter is currently at the printers. Once finished the newsletter will be mailed out to Hanover residents.

6. SENIOR GAMES 2024

6.1. Local Hanover Games – Senior games will start April 9th and run until the end of May. Registration is open to participants. Register online or in person at the P & H Centre.

6.2. District 27 OSGA Games – Registrants do not need to compete in the local senior games to play in the District 27 OSGA Games. Registration is not open yet. Once registration opens forms will be available at the front desk of the P & H Centre. Online registration not available.

7. AGE-FRIENDLY BUSINESS RECOGNITION

- 7.1. Hanover's Foodland – First business approved as an Age-Friendly business.
MOVED by L. Dunn | Seconded by P. Butler
THAT Hanover's Foodland be approved as an Age-Friendly Business. **CARRIED.**
- 7.2. P & H Centre
MOVED by P. Butler | Seconded by B. Hillyer
THAT the P & H Centre be approved as an Age-Friendly Business. **CARRIED.**
- 7.3. Hanover Public Library
MOVED by H. Fleet | Seconded by L. Dunn
THAT the Hanover Public Library be approved as an Age-Friendly Business.
CARRIED.
- 7.4. Others – Committee members discussed other businesses that will be submitting an application form and businesses who need following up with.

8. SENIORS COMMUNITY GRANT

- 8.1. Updates – B. Dobson provided update on the Seniors Community Grant for 2025.

9. OTHER BUSINESS

- 9.1. Committee member inquired about a delegation for May. B. Dobson is in the process of confirming delegation on Elder Abuse for May or June meeting.
- 9.2. Committee member shared that Burlington Huff n Puff hockey has over 500 attendees. Hanover's attendance is pretty consistent but not that high.
- 9.3. The Library is offering 'Storytime' session for those who suffer from dementia and their support person. Program is offered each month. Also offered at Hanover Care Centre and the Village.
- 9.4. The Library is offering a Sip n Stitch knitting once a month. Attendance was much higher than they expected. Offered for all ages.
- 9.5. Central Ontario Age Friendly Network minutes were shared with the committee members.
- 9.6. Committee member shared that the VON can provide assistance to those getting out of the hospital.

10. NEXT MEETING – Monday April 15, 2024 | 10:00am

11. ADJOURNMENT

- Moved by P. Butler | Seconded by L. Dunn**
THAT the meeting be adjourned at 11:25am.